Streptococcus pneumoniae (pneumococcus) is a bug that remains a leading cause of serious illness, including blood infections, meningitis, and pneumonia among adults in the United States. Adults with certain medical conditions such as the ones listed below are at increased risk for severe pneumococcal disease, making its prevention through vaccination extremely important.

- Immunocompromising conditions (e.g., congenital or acquired immunodeficiency, HIV, chronic kidney failure, damaged kidneys that lead to protein in the urine, leukemia, lymphoma, Hodgkin disease, generalized cancer, solid organ transplant, and multiple myeloma)
- Disorders to the spleen (e.g., sickle cell disease and other blood disorders)
- Cerebrospinal fluid (CSF) leak
- Surgically implanted hearing device (Cochlear implants)

Recent updates from the Centers of Disease Control and Prevention recommend that adults 19 years of age or older with the above conditions receive both PCV 13 (Prevenar-13) and PPSV23 (Pneumovax). Prevenar-13 is to be given at least 8 weeks before or 1 year after a dose of Pneumovax.

If you have any of the above mentioned medical conditions, please speak to your medical provider about whether Prevnar-13 and Pneumovax is appropriate for you.

Diabetes Education Classes

If you would like to learn more about Diabetes, the following classes are available:

- Class 1: What is Diabetes? What do I really need to know?
- Class 2: Nutrition and Eating with Diabetes. Preventing complications of Diabetes

$12/class or $20/2 classes - Sign up at (909)469-8293

Pneumococcal Vaccine Update: New Recommendation

"Should PCV13 be given routinely to adults with immunocompromising conditions?"

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QUESTIONS or COMMENTS?

- Call the Western University Pharmacy at (909)706-3730
- Visit our website at www.westernucc.com/pharmacy.html

DRUG INFORMATION PHONE LINE

Have a medication specific question for a pharmacist?

1. Call (909)706-3833
2. Leave a specific message regarding your medications and questions
3. Include your phone number

A pharmacist will follow up with your concerns.
Safety Concerns with Eye Drops & Nasal Sprays

The U.S. Food and Drug Administration (FDA) has issued a warning regarding the accidental ingestion of over-the-counter (OTC) redness-relief eye drops and decongestant nasal sprays.

Since 1985, 96 cases of ingestion by children up to five years of age were reported. Fifty-three of those cases required hospitalization. Reported symptoms include: nausea, vomiting, lethargy, sedation, fast/slow heart rate, decreased respiration, low/high blood pressure, hypothermia, drooling and coma.

Most of these products do not come packaged with child-resistant enclosures. A new regulation has been proposed to ensure child-resistant packaging for future production of these products.

It is important for parents and caregivers to be aware of the safety risk and keep eye drops and nasal sprays out of children’s reach. Parents and caregivers should call the Poison Help Line (1-800-222-1222) and seek emergency medical care immediately following accidental ingestion of products.

New Generic Medications

- Pioglitazone : Actos
- Levalbuterol : Xopenex
- Valsartan : Diovan
- Valsartan/HCTZ : Diovan HCT
- Fluvasatin ER : Lescol XL

**Upcoming**

( ) = tentative release date

- Candesartan : Atacand (12/12)
- Candesartan/HCTZ : Atacand HCT (12/12)
- Finasteride : Propecia (1/13)

Free Health Screenings

Come in to the pharmacy to check your blood pressure, glucose, cholesterol and bone density.

Every Friday 9a.m.-3p.m.

The Pharmacy offers...

- A full line of prescription and nonprescription medications
- Complete compounding services (including veterinary compounding)
- Private, individual medication counseling

**Current Services Available:**

- Travel Clinic
- Immunization
- Anticoagulation/ Antithrombotic Clinic

With your health being our mission, our Pharmacy staff will provide you with critical information on your prescribed medications. They will work with you to ensure you understand the essential details, including:

- What each medication is for
- How each one should be taken
- Possible side effects that can occur
- Which side effects to report to your healthcare provider

Our team of Pharmacists also help in monitoring chronic health conditions such as diabetes, asthma, and high blood pressure.

The pharmacy is staffed by licensed pharmacists, certified pharmacy technicians and pharmacy interns from the Western University of Health Sciences College of Pharmacy. We are proud to be a member of the Good Neighbor Pharmacy Network.

Please direct comments and any questions you would like us to address in upcoming newsletters to:

travelcenter@westernu.edu or (909)706-3730