October 18, 19, & 20, 2013
COMP-Northwest
200 Mullins Drive
Lebanon, Oregon

Strain/CounterStrain
A Tradition Returns to the Northwest

In the legacy of Eastmoreland hospital a course for the spine will be presented in the state of the art facilities of Comp-Northwest in Lebanon, Oregon.

Dr. Edward Goering, national and international speaker, will lead a weekend of study for the skilled counter/strainer or the novice.

Dr. Goering recently joined the faculty at Western University of Health Sciences in Lebanon Oregon.

“I always have something new and clinically effective for each presentation”, he said regarding the course offering.

The presentation will be clinically relevant and provide information to help in your daily practice.

20 Hours of AOA 1-A CME

OPSO has requested that the AOA Council on Continuing Medical Education approve this program for 20 credits of AOA Category 1-A CME credits. Approval is currently pending

Sponsored by
OPSO
Western University of Health Sciences and
Jones Strain/CounterStrain

Strain CounteStrain Course Objectives for the Spine Course

1. The practitioner will review current information on the physiology of manipulation
   a. They will be able to explain the effect of nociceptive innervation on the ongoing osteopathic somatic dysfunction.
   b. They will be able to explain the role of proprioceptive innervation on the creation and ongoing presence of the osteopathic somatic dysfunction.
   c. They will understand the indications and contraindications involved in using Strain/CounterStrain with other techniques, with various patient types and conditions.

2. The practitioner will be exposed to the Strain/CounterStrain tender points of the spine, ribs, sacrum and basic pelvis points.
   a. They will be able to evaluate a patient using Strain/CounterStrain in the region covered.
   b. They will be able to treat a patient using Strain/CounterStrain in the region covered.

Course Schedule

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<tr>
<th>Day</th>
<th>Time</th>
<th>Activities</th>
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<tbody>
<tr>
<td>Friday, Oct 18</td>
<td>Noon-8:00pm</td>
<td>(8 hours CME) Snacks, refreshments, and dinner provided</td>
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<tr>
<td>Saturday, Oct 19</td>
<td>9:00am-5:00pm (8 hours CME) Snacks and refreshments provided Lunch on own</td>
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<tr>
<td>Sunday, Oct 20</td>
<td>8:00am-Noon</td>
<td>(4 hours CME) Snacks, refreshments, and lunch provided</td>
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Registration Fees

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<tr>
<th></th>
<th>Physicians</th>
<th>Residents</th>
<th>Students</th>
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<td></td>
<td>$595</td>
<td>$395</td>
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To register for the course, click on the following link:
www.opso.org/event/counterstrain

Comments from attendees of previous classes:

“This is an indirect passive technique that returns normal function to painful tissues.”

“It is effective and patient/physician friendly.”

“This tool will give you a window into the somatic dysfunction and the visceral component of that dysfunction.”

“I go to work and do miracles all day long”